

EVEL
ONE

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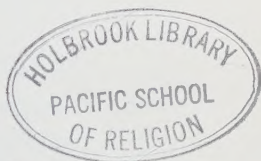
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"What I say unto you I say unto all, WATCH."—Jesus

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***Focused on "Employment"**

Founded in 1898 by Mary Baker Eddy,
 Author of the Christian Science Textbook,
Science and Health with Key to the Scriptures



Marca Registrada

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Christian Science Sentinel®

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"What I say unto you I say unto all, WATCH." Jesus

We can't be phased out!

FEROL AUSTEN

To find ourselves suddenly fired, phased out, laid off, after years of service in one job can be nightmarish, quite a blow to our pride and self-respect.

Even though the jobless picture for veteran workers may seem grim, and we're outraged at being regarded as obsolete somewhere between the ages of thirty-five and sixty-five, it is no time to be overwhelmed by despondency or disillusionment. Such a predicament can be turned into a golden opportunity—and the sooner the better! Any delay in turning to the spiritual facts of being and seeing how they apply to our present situation only plunges us deeper into despair and into a desperate search for a quick material solution.

What is the truth of the situation?

For one thing, we haven't lost anything! In the highest sense our "job" is always to be the expression, the spiritual reflection,

of God. Have we run out of the ability to express love and understanding—spiritual qualities that make our lives and our work purposeful and worthwhile? No. Such qualities are God-given and are man's forever.

We need to express these qualities now rather than let bitterness set in. It may seem easy to think that employers are becoming heartless and mercenary, that friends just don't understand, that the wolf will be at the door before we find another source of income. But since when did God put us in a rut or permit us to choose one for ourselves? We need constantly to grow in our understanding of God and of our true status as His expression. God demands that we each play an active and important role in His universe of perpetually unfolding good.

Appraising our thoughts and motives, can we honestly say that we have been continually developing and exercising to the best of our ability the qualities that constitute our actual being as the perfect reflection of God? Even though it is seldom a welcome surprise, sudden unemployment can be a signpost that springs up without warning and says, "Wake up! Become more conscious of your spiritual being—see how much more you can do. Broaden your horizons." It may not seem so at first, but Christian Science shows that the loss of a job *can* be a blessing, a milestone passed, a shove toward greater spiritual growth that includes new challenges we are actually ready for, or need to be made ready for.

The Discoverer and Founder of Christian Science, Mary Baker Eddy, writes, "Either here or hereafter, suffering or Science must destroy all illusions regarding life and mind, and regenerate material sense and self."¹ It seems that some of us have to suffer a little, and sometimes much, before we turn to the real source of our being. If we feel we are no longer growing spiritually in our work, this can be a signal that the time is ripe to move on.

But we have to know that God is mapping the way and that we will see His purpose as we obediently follow. No dashing about to employment agencies or prospective employers can equal the quiet affirmation of man's usefulness as a perfect idea of Mind. Our purpose is to serve, to reflect God, and we serve

Him best when we think of a mortal selfhood least. In truth, there is only love, only good, to contemplate for now and for eternity. We need to drop false pride and be ready to follow the leadings of our highest sense of right and service. If we can do this, sincerely and with conviction, we will be employed, and we will be taken care of.

In the Sermon on the Mount Christ Jesus warns, "Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men."²

We need to keep our "savour." We need to hold on to those spiritual truths that enable us to take on new challenges and bring to them our own unique expression of divine Truth and Love. Jesus tells us not to be lax or reticent in this regard. "Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven."³

Referring to Jesus' words, Mrs. Eddy writes, "Let us watch, work, and pray that this salt lose not its saltiness, and that this light be not hid, but radiate and glow into noontide glory."⁴

Watching our thoughts, we can fill them with the healing truth of God's goodness and of His care for us. Our real, spiritual selfhood is continually employed, always needed, perpetually useful, constantly fulfilling its inimitable part in a universe of the unending activity of God's love.

As a perfect idea in divine Mind, man can never be phased out, replaced, or laid off. In truth, God is our employer, not persons or companies, and our prayer helps us to perceive this fact and to make it practical. Watching out for bitterness or self-pity or any feeling of inferiority, we can work to root them out of our thought and life. Our prayer brings us the true thoughts we need to better express our true being, to better reflect the Father in work that is satisfying.

Our "saltiness," our "savour," is what we express of God, and if we sincerely seek activity in His service, the opportunity to serve Him will be made plain to us.

¹ *Science and Health with Key to the Scriptures*, p. 296; ² Matt. 5:13; ³ v. 16; ⁴ *Science and Health*, p. 367.

Career switches can be useful

GERTRUDE P. FOGEL

Did you ever give up a career and later yearn to recapture it? Perhaps you chased after opportunities or were fearful of losing one.

Turning to God, divine Mind, the source of ever-present good, we will be guided rightly. We need only listen for His voice, for His guiding love and governing law. God's will for man is entirely good. It rules out discouragement or aimless drifting. Fluctuation or uncertainty only appear to the mortal senses. God's man expresses His changeless being.

Erring human belief views existence from a material standpoint, asserting that success can be elusive. In *Science and Health* Mrs. Eddy writes: "Upon this stage of existence goes on the dance of mortal mind. Mortal thoughts chase one another like snowflakes, and drift to the ground."¹

Mortal mind is a term for the so-called mind of mortals. It would, if it could, repress or absorb individuality. But no mortal concept, including fear of the future and the belief of lost chances, ever touched the genuine being of the man God created. Mind identifies its idea, man, as perfect and lacking nothing. Man *has*, for God *is* all good.

As we consistently identify with our true nature as Love's reflection, we stop thinking narrowly about the future. Trusting God and listening for His voice to reveal to us—daily, hourly, moment by moment—fresh ideas, we may suddenly find ourselves accepting new opportunities. Unfamiliar tasks, when approached with expectation of good, can be progressive and rewarding.

If we are motivated by divine wisdom, switching careers or relocating offers opportunities to serve God and humanity. The

all-knowing Father-Mother God has an eternal plan for each of His children. The moment for proving this is now. "Behold, now is the accepted time; behold, now is the day of salvation,"² Paul encourages us. He, too, launched a new career, which changed his whole life, giving it deep purpose.

Man, God's expression, is not a limited mortal with a will of his own to choose or refuse. There is no space in the all-knowing Mind for private minds or limited opportunities. As God's children, we reflect His good will and infinite capacities.

I once left an acting career for life on a farm. The stark contrast shook me in my boots. The whole atmosphere was foreign to my upbringing. I was expected to *work!* "What are you doing here?" I asked myself. One day while milking cows I thought humorously, "Well, if my former colleagues could see me in this role, they would probably be proud of me because at least I mastered the technique!" What was I really expected to master? The answer was clear-cut. I had to express man's God-given "dominion . . . over all the earth."³

I could see that if I accepted this gift of dominion willingly and did the best I could under the circumstances, that right motive would help me live the good that is God. I saw that I could master the "technique" of expressing my true spiritual selfhood by loving to live good right where I was. I realized that it really didn't make any difference whether I played some great dramatic role on the stage or faithfully performed daily duties in some other capacity, as long as I was being about my Father's business. I could just as effectively express God's qualities in this work and make it a real career. Joy could defeat discouragement, love could cancel out anger, gratitude could dissolve disillusionment. Mrs. Eddy assures us, "Each successive stage of experience unfolds new views of divine goodness and love."⁴

There is no greater adventure than to bring out our true being as the sons and daughters of God. Our expression of God's nature is a radiant light reaching to the whole human family, helping to remove barriers and rebuild relationships. We may meet many challenges when called upon to play a different role, but when we approach our work from a spiritual basis, we can turn our new job into a progressive career. As a homemaker, a par-

ent, an educator, an artisan, a church worker, or whatever, we have glorious opportunities through Christian Science to bless human character with pure good. Challenges are tremendous opportunities to think and act wisely, rightly, lovingly. God's love, God's law, always triumph!

The turning point at any stage of experience hinges on basic decisions: "Will I run away or prove; sulk or produce; complain or make sincere efforts to approach my day on a spiritual basis, with spiritual dominion?" Daily challenges compel us to unself our motives and drop the mortal sense of man for the divine. Self-centeredness can give way to true self-appreciation and discovery of latent talents. We stop chasing after opportunities when the false sense of self is put aside as a counterfeit.

In our daily praying—and we do need to pray specifically about our jobs—our spiritual perception is enlarged, unfolding "new views of divine goodness and love." Spiritual reality never fluctuates or undergoes changes. But our increasingly spiritual views speed progress in every righteous endeavor.

The motive to approach our work from a spiritual standpoint is impelled by the Christ, the true idea of God. The role of the Christ is to arouse, inspire, elevate human consciousness to assimilate the divine nature. Mrs. Eddy's definition of "Christ" in the Glossary of *Science and Health* is, "The divine manifestation of God, which comes to the flesh to destroy incarnate error."⁵

Within our careers are magnificent opportunities to take an active part in the redemptive work of Christian Science. As we look beyond the outward function of a job to the spiritual values to be drawn out from it, disillusionment or aimless drifting ceases to drag our footsteps.

The opportunity to reflect God is ours now. If wisdom leads us to switch careers, if we are spiritually motivated in making the change, we can successfully prove—in the new work as in the old—our perfect spiritual sonship.

¹ *Science and Health*, p. 250; ² II Cor. 6:2; ³ Gen. 1:26; ⁴ *Science and Health*, p. 66; ⁵ *ibid.*, p. 583.

What is a work ethic?

JACOB ROBERT MOON, JR.

These days we read a lot about the “work ethic,” sometimes called the Puritan work ethic. We read that it is being questioned and challenged. But what *is* a work ethic?

The words “ethic” and “ethics” refer to systems of moral values and their underlying philosophy. The work ethic, then, has to do with a school of thought which holds that idleness is reprehensible and work an essential of moral living.

Idleness is certainly negative; it cannot possibly contribute to the individual’s sense of his own worthwhileness. But the fact is, neither idleness nor grinding and unfulfilling drudgery can be the birthright of man, the image of God, who is omniactive divine Love.

Usefulness *is* man’s birthright, however—and in human terms that is not achieved, and cannot be achieved, through idleness. It’s a simple fact that doing nothing is not a help. And it is our right—our need—to be a help.

There is much questioning about the role of work in the ethics of human experience—especially in relation to things like satisfaction and fulfillment. How can one bring these qualities into his life? Through his job, his employment?

It depends on what we conceive of as our employment. We might think of the word “employ” as meaning “use for a purpose.” Thus Rembrandt employs color, light, and shadow. Mozart employs delicacy, flexibility, and immensely precise spontaneity. And God employs man—individual, spiritual man—to express every aspect of His own limitless perfection. To keep this fact clearly in thought and to live in accord with it constitute our real work. The rest is a spinoff; a sense of being satisfactorily employed naturally follows.

In blending his thought with the divine Mind—in seeking to reflect the divine consciousness—the Christian Scientist is acknowledging that he is employed to express the unhampered intelligence of Mind, the invariable goodness of Love, the perceptiveness of Soul, the being-without-limits of Spirit, the utter reliability of Principle, the reality and eternality of Truth, the vigor and joy and power of Life. He is, in his real—that is, his spiritual—selfhood, God’s actual expression of all these, and more. To realize this fact and be dissatisfied in the same moment is an impossibility. And to *persist* in seeing oneself and others as the expression of all that is useful, harmonious, satisfying, will result, among other things, in an improving work experience. What kind of improvement? One will either find a usefulness and satisfaction previously unseen in his present position or find new work that is more rewarding.

The Leader of the Christian Science movement, Mrs. Eddy, speaks from experience as well as keen observation when she writes: “Happiness consists in being and in doing good; only what God gives, and what we give ourselves and others through His tenure, confers happiness: conscious worth satisfies the hungry heart, and nothing else can.”¹

The minute we read that, we are struck by how simply true it is. “Conscious worth”—that’s what we want! No one else can provide happiness for us—and no one can block our access to it, because it comes only through “what God gives, and what we give ourselves and others through His tenure.”

But what about the boss-and-be-bossed world of employment statistics? The writer of Psalm 8 gives us a character sketch of God’s man: “Thou madest him to have dominion over the works of thy hands; thou hast put all things under his feet.”² And Mrs. Eddy writes: “Man is not made to till the soil. His birth-right is dominion, not subjection. He is lord of the belief in earth and heaven,—himself subordinate alone to his Maker.”³

We can realize, then, that *every* man is subordinate—but subordinate to God, as the reflection in the mirror is subordinate to the one who stands before it. Man is always expressing, individually, God’s limitless dominion. This truth, recognized and held to, has resolved many a discord involving superior and subordi-

nate relationships. Actually, executive and worker alike have the same ultimate job: to express the totally satisfying, pricelessly useful characteristics of God.

Mrs. Eddy leaves no doubt as to the powerfully active role the Christian Scientist is to play in his day-to-day living. She says, "The song of Christian Science is, 'Work—work—work—watch and pray.'"¹ ² We need to watch each thought, each image—each moment—sifting out those impressions that affirm what's true of God and man and are useful from whatever suggests a lie about God and man and should be refused. It's a vigorous game, this kind of watching. Handball doesn't come close. And effective praying is no kid-glove activity either: insisting on the actuality of man's oneness with God and flatly rejecting anything that would contradict this. It's work, all right, and worth it. Whatever else the Christian Scientist may do, this is his (her) most important work. And it satisfies every need, as Christ Jesus proved, in practical ways: healing the sick, feeding the hungry, freeing the sinning, reconciling the estranged.

So, to the Christian Scientist, perhaps this is the real work ethic: that we are not made to till the soil, to accept drudgery as our lot in life; but we are made to be useful, to reflect the omni-acton of infinite good, and to bless and be blessed by that activity. Whatever our job, our "work" is reflection.

Included in such spiritual activity—a part of it and inseparable from it—is the profound, unshakable satisfaction of realizing more and more fully one's own true worth as the child of God.

¹ *Message to The Mother Church for 1902*, p. 17; ² Ps. 8:6; ³ *Science and Health*, pp. 517-518; ⁴ *Message to The Mother Church for 1900*, p. 2.

Promise and fulfillment

SADJA TAYLOR

As a child I loved to read the Bible. I traveled vicariously to the Promised Land with the children of Israel, shuddering with awe as they walked through the towering walls of water to safety. No matter how many times I read of the crucifixion of Christ Jesus, tears of anguish would fall. I was moved by the story of Ruth's devotion to her husband's mother. The promises and hope these stories held were glimmerings in my adolescent groping for understanding that would give meaning to my life.

I saw the theme of promise and fulfillment as a leitmotiv running through both the Old and New Testaments. My thought was lifted above mundane surroundings, as I contemplated the glorious provision made by a loving God in freeing the Israelites from bondage and His unfailing guidance during their wilderness experience. I caught occasional glimpses of the possibility of a life without pain or fear or disappointment through the government of this omnipotent, omnipresent, omniscient Mind.

Mrs. Eddy reassures us in *Science and Health*, "The promises will be fulfilled."¹ Her life and accomplishments in the face of the most crushing disappointments and ill health are testimonies to the ageless spiritual truths that have buoyed up mankind in its search for peace and health.

In almost every area of life, a price or condition is exacted before we can attain a desired position or reach a cherished goal. We have no quarrel, for example, with the demands made on us to complete educational requirements for a profession or craft; it may take years of preparation before we are successful in a chosen field.

More than human preparation and striving, however, are

needed to attain the abundant life that the Bible tells us is ours. As we look to God instead of self, we find an unlimited source, an unending well of all things needful. We find our true, spiritual selfhood, which was never finite, never incomplete. Perceiving the nature of God and of our real being, we are not weighed down with anxiety about the future. With joy we can watch the activity of each day unfold according to God's tender provision for all of His children.

We need to be willing to do our part, however, to strive for an understanding of divine reality, and the Bible shows us how to do this. When we accept the promise "Ye shall know the truth, and the truth shall make you free," perhaps it doesn't occur to us that there is a prerequisite to the fulfillment of this expectation—namely, "If ye continue in my word, then are ye my disciples indeed; and ye shall know the truth, and the truth shall make you free."² We need to understand and practice Jesus' teachings in order to receive the blessing. Christ Jesus devoted his life to helping mankind discover their relationship to God. He taught a doubting people the way to salvation and eternal life through denial of mortal selfhood and acknowledgment of their perfection as sons and daughters of an all-loving God.

Jesus promised us an unlimited supply of all things needful, but he attached a condition to his words: "Seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."³

God is always supplying us with what we need. But the realization of this requires our devotion, unselfed love, and dedication to good. A hymn assures us,

Plain shall His guidance be,
If thou but seek the right.⁴

Despair yields to hope and joy at the wonderful prospect that we can reap a bountiful harvest through our compliance with God's commandments. We see this harvest in the fulfillment of what we strive and pray for, because we trust in His Word. There is great cause for hope in the glowing promise, "Ye shall seek me, and find me, when ye shall search for me with all your heart."⁵

As we are obedient to God's loving commands, we reap untold benefits in our daily lives. Our guarantee that we will receive these blessings is Christ Jesus' tender assurance, "If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you."⁶

¹ *Science and Health*, p. 55; ² John 8:31, 32; ³ Matt. 6:33; ⁴ *Christian Science Hymnal*, No. 70; ⁵ Jer. 29:13; ⁶ John 15:7.

One race

There is
no black consciousness
no white consciousness
only God's omniscience.

There is
no division
no separation
only the unity of man
reflecting
individually
God's completeness.

There is
no discrimination
no intimidation
only the justice
the integrity
of the one power—
God.

JENNIFER J. BROWN

Incredible good

HUBERTA F. RANDALL

While listening to the news report of a tragic event, I heard myself saying, "It's incredible." There is much in our world today of a devastating nature. But when Mrs. Eddy speaks in *Science and Health* of the incredible evil coming to the surface, she also speaks of the incredible good: "Science only can explain the incredible good and evil elements now coming to the surface."¹

Most people today are aware of the incredible evil in the world, but how many know as much about the magnitude of revealed good? Far too few. Evil is aggressive. It would assert itself as powerful and as something to be feared. The media often unintentionally support this suggestion. Yet Christian Science stresses God's absolute allness and bares the unreal nature of anything not created by God.

There are numerous evidences of God's allness—of healings—recorded weekly, monthly, and quarterly in the Christian Science periodicals. Recent healings include the cure of meningitis and Asian flu, rheumatoid arthritis and epilepsy, heart trouble and ulcerated colitis. Is not this a display of incredible good? Thirty-five years ago I was healed of a back ailment that the medical profession had pronounced incurable. I found Christian Science, and it healed me. The healing has been permanent, and my back is straight and strong.

I have never forgotten one sentence spoken by the Christian Science practitioner who helped me at that time. He told me to lean on God, instead of leaning on the corset I had been given to wear for support. This concept revolutionized my thought, and it led me straight to what I feel is one of the most inspiring statements in the Christian Science textbook. Mrs. Eddy starts the Preface of *Science and Health* with these deeply reassuring

words: "To those leaning on the sustaining infinite, to-day is big with blessings."

My concept of Deity was vague, to say the least. How in the world, I wondered, could I lean on God, who is Spirit and infinite? Mrs. Eddy's definition of God on page 587 of *Science and Health* was a tremendous help to me. I began to grasp the impregnable nature of God, Spirit, on whom we can always lean with confidence. As Spirit, God is infinitely good; as Truth, He is supreme over all erroneous conditions—that is, over everything not in accord with the perfection of the divine creation.

I began to see there is no place where divine Love is not supporting its own and where Soul's beauty and peace do not reign. The vision of spiritual truth became clear and strong. I found that Spirit is the only reliable and true substance, because it alone is indestructible. I saw that nothing can change, overthrow, or destroy spiritual good. Matter, on the other hand, is changeable and unsubstantial. This is why God's power is superior even to the worst pretensions of evil, and every healing in Christian Science is proof of God's supremacy.

Then why do we continue to see so much evil in the world? Because mankind accepts as fact that which is only belief, and because most people unwittingly support evil's claim by analyzing and fearing it, and so making it seem true. We need to relinquish this support and put our trust in God, who is wholly good. I discovered that as I did so, good began to permeate every aspect of my life. I realized that an understanding trust in God brings improvement in any situation that needs correction.

The powerful stream of good continues to pour into human life wherever God's law is accepted and obeyed. In addition to published testimonies of healing, there are the unrecorded ones given at the Wednesday testimony meetings every week, all over the world, in branch Churches of Christ, Scientist. And then there are the innumerable blessings for which Christian Scientists daily give silent gratitude. Incredible? Not really. Christ Jesus said, "If ye have faith as a grain of mustard seed, . . . nothing shall be impossible unto you." ²

Nothing? Does that seem to go a bit far? Jesus' radical statement rests on solid spiritual truths. He drew the only logical

conclusion, namely, that if God, or Spirit, is All, divine power is the only power and always supreme. No exceptions! Evil, therefore, is not the powerful, destructive tyrant it would have us believe it is.

Is this daydreaming, withdrawal into an ivory tower? No, for it is on this very basis that Christ Jesus healed, and it is on the same basis that Christian Science heals today. It is only on this basis that the final downfall of the belief in evil can be demonstrated.

The Lord's Prayer, which is honored by all Christians, clearly attributes all power to God: "For thine is the kingdom, and the power, and the glory, for ever."³ We need to do more than repeat these words or just believe in them. We must strive to understand the immense meaning of them and claim the power they attribute to spiritual good over material evil, until the incredible evil is seen as a false imposition, and incredible good is recognized as the permanent, natural, and real.

¹ *Science and Health* p. 83; ² Matt. 17:20; ³ 6:13.

Next week in the Sentinel

"Are you living in a state of pressure? Then you must be believing in a realm where God is not in full authority," says an article dealing with one of society's prevalent problems.

Are we blaming or healing?

ALISTAIR W. LAUDER

People have a tendency to blame. But divine Principle impels us to heal. If we truly want to be free from human woes, we can stop blaming—placing responsibility for evil on ourselves, others, and circumstances—and start healing.

Blaming is an element in the set of errors that constitute the false, material sense of existence. In its acute forms blaming is destructive and cruel. At no time is it beneficial. On the other hand, Christian healing is the natural outcome of Christly thinking, which destroys this habit and heals our troubles.

The decision to blame or to heal is one we make individually. We may say or believe that someone or something is causing us offense and is therefore blameworthy, but the actual decision to feel offended and apportion blame is entirely our own. What appears to be a troublesome situation can only suggest to us that we should be troubled. It can't make us so. When Pilate said to Christ Jesus, "Knowest thou not that I have power to crucify thee, and have power to release thee?" Jesus quietly answered, "Thou couldest have no power at all against me, except it were given thee from above."¹ To refuse to be offended by an error and to reject it is a God-given right we can exercise at all times.

When we make the decision to blame an "evil power" as the cause of our affliction, we're believing in a cause or creator apart from God. Christian Science, the Science of being, reveals there's no power other than God. It shows divine Love to be the only cause and creator, the universal divine Principle. It reveals that God is Spirit, or Mind, and that the universe and man are made up of God's perfect, spiritual ideas. Man is wholly spiritual and good, reflecting the character of God, and has not the capacity to offend or be offended. The condemnatory sense that

feels troubled or offended is not God-created but is an illusory sense, stemming from the lie that man is material and hateful. So when we condemn another, we hold in consciousness a lie about God.

The truth of God and man is the remedy for the habit of blaming, for it exposes the unreality of evil. If our thought is based on Truth, we cannot blame, for we cannot condemn, hate, or fear that which we see is good. Spiritual understanding reveals man to be blameless and lovable.

In his Sermon on the Mount Jesus said: "Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy. But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you."²

Mrs. Eddy brings out the scientific basis of this statement of the Master. "Who is thine enemy that thou shouldst love him?" she asks. And part of her answer reads, "Simply count your enemy to be that which defiles, defaces, and dethrones the Christ-image that you should reflect."³

Christian Science puts the responsibility for obeying God squarely where it belongs—on each one of us. Each is responsible for being true to divine Truth, true to himself, and true to his fellowmen. Each is responsible for his own state of thought, his own demonstration of the healing Principle, Love.

A good example of how one individual recognized his spiritual responsibility and accepted it with a healing result is given in the book of Daniel. The account tells us that Daniel, one of three presidents of Babylon appointed by King Darius, was conspired against and sentenced to death in the lions' den, but his reliance on God brought him through the experience unharmed.

Daniel was a notable and devout man. He prayed three times a day, and even those who were critical of him could find "none occasion nor fault" in him. His greeting "O king, live for ever"⁴ after his night in the lions' den indicates that he harbored no malice or fear—no feelings of reproach—in spite of all the injustice and cruelty inflicted upon him. Had Daniel reacted with condemnation and fear, these negative traits would have done more to injure him than all the malice of his enemies.

Fearing, hating, blaming, and justifying self are forms of self-inflicted punishment. They are sickly states of thought. But no one *makes* us hate, fear, and indulge in self-justification. Freedom from difficulties is earned not by yielding to such false traits but by understanding that "God made man free,"⁵ as Mrs. Eddy writes in *Science and Health*.

The less we fret about evil and the more we realize that God and His infinite goodness are all, the sooner will we know that there are no evil powers nor evildoers and demonstrate this truth in our lives.

When we stop blaming and start loving—compassionately, as Jesus loved—we demonstrate divine Love, thereby regenerating sinning, material sense and healing discord.

¹ John 19:10, 11; ² Matt. 5:43, 44; ³ *Miscellaneous Writings*, p. 8; ⁴ Dan. 6:4, 21; ⁵ *Science and Health*, p. 227.

Standpoint

Not in the chaos
of untutored thought—
Self-will, self-love, uncrucified—
can one discern God's man,
Love's healing power prove.

But in uncalculating love
one comes
to true perception of eternal good—
Love's perfect likeness,
seen and understood.

FRANCIS FANSHAWE ALGIE

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Associate Editor

Looking for a job?

Maybe you've heard you are one of many looking for employment. But you don't need to be overwhelmed by the apparent magnitude of the problem. There is a spiritual solution for you, a solution that's available to everyone. It involves supporting your search for a job by recognizing what your job really is.

Here is an important spiritual point for all of us, whether we're looking for a job or are now employed: Man always has something to do that's more than useful. It's indispensable. That something is to be the child, or effect, of God, who is the endlessly loving cause of man and the universe. Mary Baker Eddy tells us, "Man is the expression of God's being. If there ever was a moment when man did not express the divine perfection, then there was a moment when man did not express God, and consequently a time when Deity was unexpressed—that is, without entity."¹

The first and most practical thing to do when job seeking is to identify oneself spiritually as God's reflection. We need to affirm as understandingly as we can that man is the idea of God, divine Love. That divine Love is both the governor and employer of man. And that this Love-employed man is our true identity.

Whether our intuition tells us to daily review the classified advertisements for work, or whether it tells us to wait for more specific direction from God, we should be mentally active, affirming the spiritual truth of being. A job we all have is to realize what our spiritual function is. While there may be debate about how the right to employment can best be assured to everyone, there is no argument about the fact that each of us has the

right—and the need—to know himself as God's idea. This idea is fully engaged in expressing God's myriad attributes, including intelligence, love, and judgment.

Man never ceases to be fully occupied expressing God. Claims of run-down economies, injustice, inflation, international trade breakdowns—none of these can diminish man's spiritual activity. To know this is not to ignore economic ailments but to play a definite part in bringing about their healing.

Activity and substance both come from Spirit and so cannot be separated. One can't exist without the other. There can't be divine activity without divine substance. This is spiritual law. And it's law that can be related to claims of limited employment and limited income. If we believe ourselves to be unemployed, underemployed, or misemployed, we can be vigorous in acknowledging the presence of divine activity and substance. We can affirm that man—our real being in God's likeness—is not a mortal personality in the wrong place or in a less-than-useful place, unsatisfied and underutilized. Our real selfhood is always actively manifesting the divine nature.

Man lives in divine Life. That is where we find our genuine self and activity. Looking for these in matter would be as pointless as looking for flames in ice. Our knowing man's true role and location brings divine law to bear on our human affairs. Continually applying divine law, we can overcome claims of unemployment or poor employment. Our material sense of being yields to spiritual sense. And when this happens, whatever changes are needed in our human experience come about. When we know that we are totally under the divine law of God, then this law works beneficially in our human life, illustrating true purpose.

Don't look at the situation of being out of work as all negative. It is a special time for realizing more vividly than you've done before that inaction and stagnation are lies about God and man. The spiritual sense of God and man is immensely comforting. It assures us that our place is already established for us, and we—in our spiritual being—are already in it. It's not a matter of our failing to find our place, or of being displaced from a good job.

Christ Jesus' career was one of unequaled value in all history. He had a perfect realization of his place and role. He used the phrase "the Father hath sent me."² That we are sent by the Father—that we have life and being in God—is true of everyone without exception. As we begin to understand the divine laws and truths that he understood and applied, then there is no question that we can be more and more usefully and rewardingly employed.

God, divine Life, is infinitely diverse and rich in expression. Knowing this softens any rigid views and preconceptions we may have about our talents and work tastes. We cease saying, "I can only do *this* kind of job," or "I'll only take *that* kind of employment." While we should always use spiritual intelligence and judgment, nevertheless we'll be careful about saying impulsively, "*This* job is too far beneath me," or "*That* position is quite beyond what I can do." Remember, God is always unfolding His completeness and perfection in man, and man is God's perfect image. To the extent we admit this completeness as the truth of our real self, we're progressive. Through demonstrating such truths, we can grow up to a job and grow in a job—and maybe grow out of a job. Whatever employment is out in front, when it's a result of Christian Science demonstration we will be capable of doing it and doing it well.

Realizing what our true job is doesn't mean being inactive or not bothering to find a prospective employer or not doing ourselves full justice when we do find one. When we know what man truly is, then we are moved in the right direction at the right time. When we are affirming what we spiritually are, and this affirming is giving spiritual light to all the details of our life, then we're doing the work that God gives us to do. We can be doing it right now. And we certainly won't be out of a job.

GEOFFREY J. BARRATT

¹ *Science and Health with Key to the Scriptures*, p. 470; ² John 5:36.

Successful job interviews

Sometimes the challenge is simply a lack of employment opportunities. But other times the jobs are available. The problem is matching the best person to a particular position. An interview with a prospective employer can prove to be crucial in making the right match.

You may feel inadequate—that you have little to offer. Or you may feel you're a genius—loaded with talent! But one special quality can determine the success of a job interview. That quality is sincerity. Regardless of whatever else you feel you do or don't have to offer, the interview itself will be successful if you are motivated by the kind of sincerity that grows out of integrity and good faith. With assurance Mrs. Eddy could write of those who seek to accomplish something worthwhile, "Sincerity is more successful than genius or talent."¹

What does a successful interview imply? It means that the communication has been honest and forthright—free of pretense. The natural expression of sincerity obviously doesn't guarantee a specific position. Success has broader implications. The truly successful interview reaches below the surface of seeking to land a particular job. It looks to the best interests—even the long-term interests—of both the employer and prospective employee.

There may seem to be many unknowns and uncertainties for an interviewer and applicant to cut through when considering all the important factors inherent in a job commitment. But it is sincerity that enables us to cut through those unknowns. Honesty has a way of dissolving doubts and channeling discussion in the wisest and most useful direction.

Paul's sincerity was at least in part responsible for his success in communicating what he had to offer. He could see that an honest and unfeigned approach was of far more value than mere human cunning. Using the word "conversation" in its broad seventeenth-century sense of a person's whole behavior, the King James Version gives us the Apostle's assurance to the Corinthians: "Our rejoicing is this, the testimony of our conscience, that

in simplicity and godly sincerity, not with fleshly wisdom, but by the grace of God, we have had our conversation in the world, and more abundantly to you-ward.”² The *Good News Bible* puts it this way: “We are proud that our conscience assures us that our lives in this world, and especially our relations with you, have been ruled by God-given frankness and sincerity, by the power of God’s grace and not by human wisdom.”

Does all of this mean that an individual simply has to gather up a batch of sincerity and paste it over whatever quality of thought he has? Sincerity is genuine only when it surfaces naturally as the result of clear spiritual insights about yourself. A mortal trying to be sincere is better than a mortal who is deceptive or hypocritical. But what’s most needed is the recognition that man is not a mortal. He is an immortal. Somehow it may seem that such a statement is a rather impractical observation to make when we have a very practical human need for employment. But Christian Science reveals that statements of truth—when thoughtfully pondered and understood—have a healing impact on the challenges we face, including unemployment.

If we are truly honest in our view of ourselves, then honesty will be effortless and natural in our dealings with others. As necessary as human self-knowledge often is, still the most honest thing we can know about ourselves from a spiritually scientific point of view is what the Christ reveals to us about our eternal spiritual selfhood. Our true being, sustained by God, has no mortal limitation. God has not designed man as fearful, ignorant, displaced, or unplaced. He establishes man as the very expression of His being. Man’s purpose, as expression, is proof of God’s substance, His perfection.

When we are spiritually perceptive enough to honestly admit these truths, and to love them, human conditions begin to conform to a divine order. The deepest kind of integrity is required to admit and understand man’s immortality. Such an admission frees our lives to express qualities that are spiritually derived—qualities such as sincerity.

When our communication in an interview is grounded in sincerity, the kind of sincerity that has roots in an understanding of our permanent relationship with God, then we can be sure that

something more than human effort is governing motives and feelings. God's unerring direction is realized to underlie our attitude. We can bring ourselves within the spirit of Mrs. Eddy's conviction, "A deep sincerity is sure of success, for God takes care of it."³

Appropriate capabilities are, of course, important factors considered by the employer. Still, he may miss those qualifications, whether impressive or modest, if they are obscured by our failing to convey a heartfelt and earnest quality of thought. And certainly many employers would weigh very thoughtfully and positively those qualities that are spiritually based.

If you have a successful interview, one in which a genuine sincerity is felt by all parties, then all of the elements of thought that constitute unemployment will begin to recede. The spiritually oriented success that takes place in an interview can lead very naturally to the fulfillment of the needs we have—including an appropriate source of income.

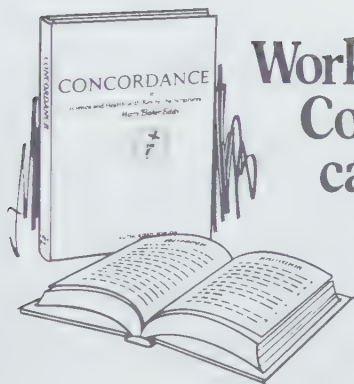
In a way, the kind of encounter that is experienced in a job interview is very much like many of the encounters everyone has in everyday life. Sincerity may well be a quality that should be more often felt and practiced by all of us.

NATHAN A. TALBOT

¹ *Message to The Mother Church for 1900*, p. 9; ² II Cor. 1:12; ³ *The First Church of Christ, Scientist, and Miscellany*, p. 203.

*O satisfy us early with thy mercy;
that we may rejoice
and be glad all our days. . . .
Let thy work appear unto thy servants,
and thy glory unto their children.
And let the beauty of the Lord our God be upon us:
and establish thou the work of our hands upon us;
yea, the work of our hands
establish thou it.*

Psalms 90:14-17



Working with a Concordance can help you to be a better healer

Why? Because Christian Science healing comes through understanding. It comes from a deeper, fuller, broader understanding of God and man.

In the textbook of Christian Science and her other writings, Mary Baker Eddy explores in depth the nature and the essence of God. She examines the full scope of being, based on God.

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Concordances to Mrs. Eddy's writings are available at any Christian Science Reading Room. If you wish, you may order one directly from :

Miss Frances C. Carlson, Publisher's Agent
One Norway Street, Boston, Massachusetts 02115

Carrie and the summer visitor

Sylvia G. Cline



Carrie wasn't at all sure Aunt Sally's visit was going to be fun like Mom said. Carrie, who had just been promoted to second grade, could still remember quite well that last year Aunt Sally considered her a crybaby and hard to get along with.

This time, Carrie decided, she would show Aunt Sally she wasn't a baby anymore—no matter what happened! But she hadn't known that the workmen who fix plastering would arrive

the same day as Aunt Sally. The loose, falling plaster was in the guest room, so that meant Carrie would have to share her room with Aunt Sally! "Oh, no!" she thought.

"You have twin beds," said Mom, "so that's no problem. Just move your clothes to one side in the closet and be sure to let Aunt Sally have a couple of drawers in your dresser for her little things."

Carrie was about to protest, but she remembered a Bible verse her Sunday School class had been talking about just last week. It began: "Love ye therefore the stranger."¹ Aunt Sally is my aunt, thought Carrie, but I don't know her very well, so I suppose she's a stranger, too. I have to make her feel welcome.

"How's this?" Carrie asked her mother when she finished moving most of her trinkets out of two drawers.

"Fine," said Mom. "We'll put them all in this overnight bag for the time being. Now Aunt Sally will have space for her things."

When Aunt Sally came, there were lots of summer activities. Mom and Dad, with Carrie and her brother Terry, took Aunt Sally to the pool for a swim, and they played croquet, had a barbecue, and watched Terry's team play baseball. Some days when they stayed home, Carrie's three neighborhood friends came to play.

Aunt Sally seemed to be having a grand time. But one evening at the dinner table she was very quiet and had a worried look. Then she told them what was bothering her.

"My diamond ring is missing! I noticed it was gone yesterday, and I've looked everywhere."

"Oh, Sally," Mom said, "maybe you put it in your purse?"

"I always take my rings off at night and put them in the drawer. There were three of Carrie's friends playing in her room yesterday after breakfast before I got dressed. Do you suppose one of them might have tried it on and gone off with it?"

"Oh, no, Aunt Sally!" exclaimed Carrie. "My friends wouldn't do that!" She wanted to cry but held back the tears.

"We'll help you look again," volunteered Terry. They made a careful search of Carrie's room, but the diamond ring wasn't found.

Then Mom asked Carrie and Terry to go for a walk with her. She said they needed a little quiet time—just the three of them. As they walked, Mom reminded them that, according to Christian Science, nothing is ever lost, because God, the divine Mind, fills all space and is all-knowing and all-seeing. Part of the definition of God given by Mary Baker Eddy in *Science and Health* is “the all-knowing, all-seeing, all-acting, all-wise, all-loving, and eternal.”²

“God’s children don’t take anything that isn’t theirs,” said Terry.

“And my friends are God’s children,” Carrie added without hesitation.

“In reality nothing is lost or stolen,” Mom said. “Let’s be grateful that God’s in control and nothing in His universe is out of place.”

They knew this would be proved true, but there wasn’t much time. Aunt Sally’s plane ticket was stamped for her return home the next day.

That evening Mom, Terry, and Carrie made another search of Carrie’s room. After going through closet and drawers once more, they moved Aunt Sally’s bed from its accustomed place. Then, sitting on the floor, they slowly worked their fingers through the thick carpet. There, almost hidden in the deep shag strands, was the diamond ring!

Carrie’s fingers were the first to touch it, and she ran all the way to the living room where Aunt Sally was sitting on the sofa knitting an afghan square.

Mom and Terry quickly followed, standing behind Carrie while she joyfully held out her hand.

Aunt Sally’s face wore a look of astonishment as she slipped her ring back on her fourth finger. She thanked Carrie, and two big tears went sliding down her cheeks.

But Carrie’s eyes sparkled with happiness like the diamond ring.

¹ Deut. 10:19; ² *Science and Health*, p. 587.

[Healing experiences in *Sentinel* articles for children as well as adults are carefully verified.]

Testimonies of Christian Science Healing

A number of years ago I was involved in the initial stages of my present business, which was then owned by another person. Remuneration was low and unjustly so, because of the extreme frugality of the owner. At that time my future there was not very bright.

I had been interested in Christian Science for a number of years but did not study regularly. My need for help in the business situation encouraged me to turn to Christian Science and read the Bible Lesson in the *Christian Science Quarterly* every day. In due time, I became a member of a branch Church of Christ, Scientist, and The Mother Church, and became active in my branch church.

During this period I had to learn patience. Because there was so little improvement in the business situation, I had to practice Paul's teaching (I Cor. 15:58), "Be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord."

Later, a highly successful businessman in another city, two hundred miles away, contacted me and offered me double the salary I was making, if I would come and manage the business he had just bought. This was very appealing, but I wanted to be sure I was doing the right thing—that God was guiding, and not human will. Mary Baker Eddy says in *Science and Health with Key to the Scriptures* (p. 254), "When we wait patiently on God and seek Truth righteously, He directs our path."

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

For several weeks I prayed about this and occasionally had the help of a Christian Science practitioner. I then felt the right course was to decline the offer and remain where I was. Within a few months the business I was in expanded so that my income exceeded the offer I'd received. My employer was never aware of that offer. In a small way, I learned the truth of Christ Jesus' words (Matt. 6:33), "Seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."

Before I began a daily study of Christian Science, I was healed—with the help of a practitioner—of a distressing case of influenza. During this healing process I was also healed of smoking. I just never wanted to smoke again. Later, on another occasion, I was healed of influenza within a few hours, through reading *Science and Health*. I am grateful for many other healings I have had through the practice of Christian Science.

ROBERT L. GUFFIN, JR.
Summerville, Georgia

I witnessed the healings related by my husband and am happy to verify his testimony. The healing of smoking was a wonderful bonus that came with his healing of sickness. I think it was several weeks before he realized that he was not smoking.

(Mrs.) VIRGINIA T. GUFFIN



I once heard a Christian Science lecturer say that if we're not having a good time practicing Christian Science, we're not practicing Christian Science! I agree with that wholeheartedly, for I find this teaching a joy!

A practitioner to whom I used to pour out my troubles was always joyful. Whenever I left her office, instead of saying, "Goodbye," she'd say, "Have fun!" Sometimes that seemed a bit incongruous, considering the difficulty that I had, but it was true. We can always be joyful for the fact that our difficulties are in the realm of belief, not reality. If they were real—of God—then we'd be in big trouble, because we wouldn't have a scientific basis for destroying them.

Sometimes I'm inclined to take the benefits of Christian Science for granted. Two instances point up this fact.

I was working in an office where we were allowed to buy medicines at a discount. The first time the clerk came to me to get my personal order I told her that I didn't need anything. She was utterly amazed and exclaimed, "Don't you even want headache pills?" I thanked her and told her no. Then I realized how grateful I was not to even want these, as my medicine is Mind. In *Miscellaneous Writings* Mrs. Eddy says (p. 268), "God's preparations for the sick are potions of His own qualities."

Two years ago a tornado went through the subdivision where I was living. It was at night, and I was awakened suddenly when the wind went over our rooftop at a very fast clip. Instantly I knew and affirmed that there is no power apart from God—not even one identified as a tornado. The storm did touch down about two blocks away, and there was some property damage, but there were no injuries or casualties. The next day one of my co-workers who had heard the news on the radio, and knew I lived in that area, asked me about it. She said, "Weren't you simply terrified?" I told her that I wasn't, and then I realized that it hadn't even occurred to me to be terrified. Of course, the reason I could say this is that I had been able to trust God's presence.

I am grateful for an increasing understanding of God's love and protection that I am gaining through the study of the Bible, and *Science and Health* by Mrs. Eddy, and for all the activities of the Christian Science movement.

(Mrs.) MARGARET A. HERBERTS
St. Louis, Missouri



I was raised in Christian Science, attended the Sunday School, and was content to let my mother and a Christian Science practitioner help me in all situations. Sickness, broken bones, unhappy relations, were healed through prayer. Naturally, I did reach a point when it was very important for me to make this teaching my own.

There were many traits of character that needed improving and correcting, a home to be paid for, a business to run, all of which afforded me the need for constant study.

Through the prayerful help of a loving practitioner I had a healing of what I believe was a slipped disc, which kept me immobile for approximately three and a half months. This was over fifteen years ago, and there has not been a return of this problem. During the three and a half months that I was unable to walk, I was able to work from my chair in the living room, using my telephone for eight hours a day; and my business continued without interruption. This to me is another proof of God's constant care.

Last year I had an outstanding instance of guidance and provision. For some time it was evident that because of the high rent, plus inadequate parking, I needed to move my office. Four of the top management people were contacted to assist me, and I prayed daily, realizing that my right place was already established, even if I was directed to leave my present field. Months went by and nothing happened.

Then one morning on my way to work I noticed a vacant second floor in a desirable building. I looked at the space and signed a lease. Concern that the changes in the partitions might not accommodate my furniture, details of getting movers, and installation of phones when needed were all worked out in Science through prayer. Everything fell into place.

My furniture went into the space as if it had been custom-fitted. The move took place on Saturday morning, and when we opened Monday everything had been put away and was in place, and we were ready for business as usual. Here was another proof to me that when we trust God's law of harmony everything works perfectly.

I am grateful for the order and harmony, but I am most grateful for a better understanding of God and man's relationship to Him; for Christ Jesus, our Way-shower; and for Mrs. Eddy, the Discoverer and Founder of this wonderful, demonstrable Science.

(Mrs.) HELEN L. McLAUGHLIN
Raytown, Missouri

Christian Science has been my guide, my protector, and my physician. I began studying Christian Science in November 1933. *Science and Health* by Mrs. Eddy had been sent to me by a friend, and I immediately started to read it. I couldn't put it down. I loved it because it was so practical and could be used in everyday life.

The first healing result of my study concerned employment. I did not read with this purpose in mind. In fact, I did not realize at the time that Science would help in such situations. The work I found was a natural outcome of the enlarged spiritual vision I gained from reading the book.

Several years ago I had a condition in one arm and shoulder that made me unable to lift my arm to fasten my clothes in the back, or to brush my hair. There was no strength in that arm, and I had a great deal of pain.

The condition was not diagnosed. I studied and applied truths from the Bible and Mrs. Eddy's writings. One statement I worked with from the Bible relates to a healing performed by Christ Jesus (Matt. 12:13): "Then saith he to the man, Stretch forth thine hand. And he stretched it forth; and it was restored whole, like as the other." In *Science and Health* I read (p. 420): "The fact that Truth overcomes both disease and sin reassures depressed hope. It imparts a healthy stimulus to the body, and regulates the system. It increases or diminishes the action, as the case may require, better than any drug, alterative, or tonic." And again from *Science and Health* (p. 160), "Unless muscles are self-acting at all times, they are never so,—never capable of acting contrary to mental direction."

I had prayerful treatment from a Christian Science practitioner and was helped. I did not receive my complete healing for several months and became very discouraged at times, but I persisted. One day while I was outside, I fell very hard on that arm. The pain was extreme. I managed to get into the house and call the practitioner. The first thing he asked was, "Who knows about this?" I said, "No one." The practitioner said treatment would be given immediately. The pain was alleviated almost at once.

Then I began to ponder what the practitioner had asked,

"Who knows about this?" I thought, "No one, no person, and certainly not God." I reasoned that I couldn't know anything about it either. I just held to this fact—that I could not know evil in any form—whenever the temptation of pain or uselessness came to me. It was not just words, but I deeply pondered the truth: God does not know it, and I certainly can't know it either. I don't recall when the pain completely left me, or when my arm again became normal, but the healing has been complete and permanent.

This is only one of many healings I have had. This Science of Mind has been of great help in bringing up our children.

Words of gratitude are inadequate for Christian Science, when it is your whole life.

(Mrs.) VIOLA HILL MALCOLM
Sun City, Arizona



Swimming is one of my favorite things to do. Last winter whenever I went swimming, my ear started to hurt. I always asked Mommy to help me pray to God, and the hurting would stop. We always thanked God.

One night my ear hurt more than ever. I talked to God. I said, "God, please help me." I felt that God told me to remember He was all around. He told me that He loves me and everybody else too. I knew that God was all around and my ear could not hurt. Then I fell asleep. The next morning I felt very good. Mommy and I read a section of the Bible Lesson from the *Christian Science Quarterly*. Then we said "the scientific statement of being" from *Science and Health* by Mrs. Eddy. Part of it says (p. 468), "Spirit is the real and eternal; matter is the unreal and temporal." I knew that an ear that could hurt is not real. Only God and what God makes is real. I thanked God for making me perfect and keeping me perfect. And you know what? I go swimming a lot and my ear doesn't hurt anymore. God really does keep me perfect!

BRIAN BENDER
Camden, Maine

After reading a few testimonies in a *Sentinel*, Brian asked if he could write one. One morning he dictated this to me. This healing took place last winter. He has had no trouble since.

Brian doesn't hesitate to share the value of Christian Science. One day his teacher came to school with a bad case of laryngitis. She asked the children if they had any advice that might help her. Many told her about pills and various home remedies. She told us that Brian waved his hand wildly. Here is the advice he gave: "You should become a Christian Scientist and go to the Christian Science church. Then you would be healed!" She told him that she had never thought of that but perhaps she should.

(Mrs.) CAROL BENDER



In 1929 *Science and Health* by Mrs. Eddy was introduced to me. I read it with exhilaration and said to myself, "Of course, this is it. This is the truth!" I thought of myself as a Christian Scientist when I put the book in my trunk and continued on my tour in theatrical work. When I returned to England, where I lived, I became very ill and contacted a Christian Science practitioner, who took my case and showed me how to study the Bible Lesson in the *Christian Science Quarterly* each day. I was very soon healed without any material aid.

On another theatrical tour in England, when I became ill, I was obliged to conform to the rules of the company and allow three doctors to examine me; one of them was a specialist. They pronounced my case appendicitis and said I must be operated on at once. I said, "No, thank you!" I told them I was a Christian Scientist and wished to be taken to London. There I again contacted the same practitioner who had showed me how to study the Bible Lesson. I was completely healed in about two days.

As a child I was frail and had been subject to skin rashes. On arrival in the United States I became ill again with this disease. I was soon healed in Christian Science and have not had a recurrence.

Years later pain developed in my arm and shoulder. There was no diagnosis, but it appeared to be bursitis. This took a little longer to heal. One day, in great pain, I rang the practitioner and told him I had a hot-water bottle pressed against my arm to relieve the discomfort. What he said showed me I must not accept pain as part of reality. I removed the hot-water bottle. The healing was almost instantaneous and has been permanent.

My understanding seemed slow in coming. I have always cherished Mrs. Eddy's prayer "To the Big Children," which goes (*Poems*, p. 69):

Father-Mother good, lovingly
Thee I seek,—
Patient, meek,
In the way Thou hast,—
Be it slow or fast,
Up to Thee.

Also, in each case I have clung steadfastly to "the scientific statement of being" from *Science and Health* (p. 468). It has always handled quickly the belief of sensation in matter. The first line "There is no life, truth, intelligence, nor substance in matter" has taken me quickly out of a material concept of body into Mind, where Spirit is all. By getting out of a limited sense of myself, I have always found sustaining truths.

Several years ago I was ill with what appeared to be double pneumonia. At one point my husband, who cared for me throughout with utmost devotion, thought I was passing on. Again, I was healed solely through Christian Science. A year later, when the same symptoms appeared, I rang the practitioner who had helped me before. She told me, with great strength and conviction, that there could be no recurrence, since I had been truly healed. All the symptoms vanished within the same hour.

For Mrs. Eddy's life of devotion and sacrifice in bringing to us the explanation of Christ Jesus' method of healing in *Science and Health with Key to the Scriptures*, I am grateful beyond measure.

(Mrs.) EVE DAWSON
New York, New York

Christian Science Lectures



Everyone is cordially invited to these free lectures.

‡Indicates Children's Room available during lectures. Details should be obtained locally.

REPUBLIC OF SOUTH AFRICA

CAPE PROVINCE—Cape Town (First): Sea Point Civic Center, Main Rd., Three Anchor Bay, 3 p.m., Sun., Sept. 17.‡ "The Spiritual Basis of Health" (Ferris)

TRANSVAAL—Johannesburg (First): City Hall, Selborne Hall, President St., 8 p.m., Mon., Sept. 25. "The Spiritual Basis of Health" (Ferris)

UNITED STATES

(Week of August 6 to 12)

ILLINOIS—Chicago (joint lecture): Northeastern University Auditorium, 5500 N. St. Louis Ave., 10:45 a.m., Sat., Aug. 12.‡ "Your Unlimited Opportunities" (McGrew)

Dixon: Dixon Band Shell, Page Park, Lincoln Statue Dr., 7 p.m., Tues., Aug. 8. "Evil: Its Nature and Demise" (Spencer)

Highland Park: Church, 493 Hazel Ave., 8 p.m., Mon., Aug. 7. "Evil: Its Nature and Demise" (Spencer)

IOWA—Des Moines (First): Ramada Inn (downtown), 929 Third St., 8 p.m., Thurs., Aug. 10.‡ "No, You're Not Trapped!" (Leever)

MICHIGAN—Detroit (Eighth): Church, 20011 Grand River Ave., 11 a.m., Sat., Aug. 12.‡ "Evil: Its Nature and Demise" (Spencer)

MINNESOTA—St. Paul (First): Church, 739 Summit Ave., 7:30 p.m., Tues., Aug. 8.‡ "No, You're Not Trapped!" (Leever)

OKLAHOMA—Tulsa (Second): Philbrook Art Center (on the lawn), 2727 S. Rockford Rd., 7 p.m., Sat., Aug. 12. "No, You're Not Trapped!" (Leever)

WASHINGTON—Oak Harbor: See local publicity for location. 8 p.m., Fri., Aug. 11. "Get Your Life in Balance" (Driver)

WISCONSIN—Eagle River: Church, Third and Pine St., 3 p.m., Sun., Aug. 6.‡ "No, You're Not Trapped!" (Leever)

Ripon: Church, 560 W. Fond du Lac St., 8 p.m., Mon., Aug. 7.‡ "No, You're Not Trapped!" (Leever)

Whitefish Bay: Church, 721 E. Silver Spring Dr., 7 p.m., Sun., Aug. 6.‡ "Mary Baker Eddy's Challenge to Materiality" (Spencer)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

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Science and Health with Key to the Scriptures by Mary Baker Eddy is the textbook of Christian Science. It is available in English, in English-Braille, and in Danish, Dutch, French, German, Greek, Indonesian, Italian, Japanese, Norwegian, Polish, Portuguese, Russian, Spanish, and Swedish. It may be obtained from any Christian Science Reading Room, or ordered directly from MISS FRANCES C. CARLSON, Publisher's Agent, One Norway Street, Boston, MA, U.S.A. 02115.

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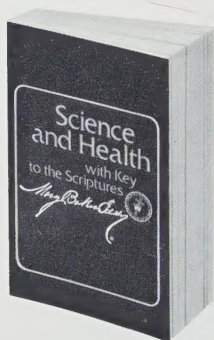
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